

Alpha Hospitals

A STATE OF MIND

Alpha Hospitals Mental Health Services for Women

Prison Inreach at HMP Bronzefield

Alpha Inreach at HMP Bronzefield is provided by a team of mental health professionals from Alpha Hospital Woking. The service is provided in partnership with Surrey Primary Care trust.

The mental health Inreach team was originally established to treat people with severe and enduring mental illness although practice has since broadened to include a whole range of mental health problems.

Criteria for referral to the Mental Health Inreach team

- Severe and enduring mental illness including Schizophrenia, other psychotic illness, bipolar affective disorder and severe depression
- Cases of dual diagnosis (i.e. drugs/alcohol) where mental illness is a primary diagnosis
- Inmates with severe anxiety or obsessive compulsive disorder (where the risk of self harm or harm to others or severe & persistent impairment of functioning exists)
- Inmates suffering from an eating disorder (with significant risk to the individual's health or when associated with self harm)
- Severe personality disorder where there is also:
 - substantial risk to self or others
 - inability to cope within a prison environment
 - severe self neglect / severely disturbed behaviour



Our services

- Assessment of suitable referrals by psychiatric nurses and when necessary, by a consultant forensic psychiatrist
- Organise CPA (Care Programme Approach) for the inmates who have been seen by a mental health team / psychiatrist in the community / hospital / prison in the last 12 months, or who has had a psychiatric admission in last 3 years
- Working with the Healthcare staff and prison officers towards providing the necessary treatment, referrals and prison transfers
- Assist the courts and Court Diversion Schemes
- Provide regular point of contact for Community Mental Health Teams

Contact details

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Low secure Women's Service at Alpha Hospital Woking

In addition to the Mental Health Inreach at HMP Bronzfield, our experienced team at Alpha Hospital Woking provide a Low Secure service for women where they receive treatment and rehabilitation in an environment that maximises their strengths and abilities.

Our services

Provision of a gender specific treatment for women who may suffer from a mental illness and/or personality disorder and have complex needs including dual diagnosis. Our service is designed for patients who require detention under the Mental Health Act 1983 (as amended in 2007)



Treatment Model

Care and treatment is provided on an individualised basis following assessments carried out by skilled and experienced staff, and may include

1. Cognitive Behaviour Therapy
2. Dialectical Behaviour Therapy
3. Psychodynamic approaches to aid recovery and progression
4. The therapeutic model follows a framework based on the theory of an *Integrated Approach to the Treatment of Personality Disorder* (W. J. Livesley)
5. The *Recovery Model* (adapted from Anthony 1993)

Patient involvement in their care planning and associated meetings is actively encouraged and reported upon in accordance with the National Mental Health Contract and Commissioning for Quality and Innovation (CQUIN) measures.

Outcome measures include:

MANCAS – The Manchester Care Assessment Schedule

SNAP – Security Needs Assessment Profile

STAR – Short Term Assessment of Risk

HONOS –Health of the National Outcome Scale

HCR 20 – Historical, Clinical, Risk Management

WRAP – Wellness Recovery Action Plan

Why Choose Alpha? Alpha Hospital Woking provides:

- A small friendly unit
- Modern comfortable environment
- Intensive therapeutic programme which is designed to help speed up the patients recovery
- Close to all local facilities
- Access to community based facilities including local colleges and voluntary jobs
- Video link facilities to ensure communication options are wide ranging and supportive
- Easy access for family and friends to visit patients

Contact details

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